



California Health Professional Student Alliance



“The Future of Healthcare Fighting for Single Payer Today!”

www.cahpsa.org

California Health Professional Student Alliance

Mission Statement:

CaHPSA aims to cultivate leadership and advocacy skills among health professional students to effect change in the health care system, primarily through grassroots efforts, education and chapter growth, in support of comprehensive, publicly-financed, privately-delivered guaranteed healthcare for all Californians.

Vision Statement:

To not rest until every person within the state of California has access to a health care system that is universal, not for profit, sustainable, affordable, equitable, comprehensive, high-quality and based on human need, rather than one's ability to pay.

Our Values and Beliefs:

- Health care is a right, regardless of ability to pay, health status, legal status, age, gender, ethnicity, or sexual orientation.
- Health professional students have the opportunity and responsibility to guide policy formulation and implementation.
- As future health care professionals, we must serve as advocates for the health rights of our patients and society at large.
- We strive to be inclusive of students of all disciplines who have an integral role in improving our health system.

Our Purpose:

- Support Single-Payer by building the student movement
- To bridge the gap between practice and policy by educating and training health professional students to become effective advocates.
- Support policies that seek to regulate for-profit insurance companies and policies that seek to increase health equity in our health system.

Our Actions:

Education and Training: Provide education to students about single payer, health care reform, the legislative process, health care policy, and advocacy skills.

Legislative Advocacy and Media Awareness: Increase efforts in support of improving our health care system of single payer, through such advocacy and leadership activities as conferences, legislative visits, endorsements, letter writing campaigns, op-eds, networking with the community and other organizations, and rallies.

Student Organizing and Growth: Establish and support the development of CaHPSA chapters on California university and college campuses. Provide CaHPSA members with the tools to carry out our mission, values, purpose, and actions.

Bylaws

Elections

- Announce elections by March 1st, determine new officers by April, announce new officers in May, transition meetings between outgoing and incoming officers shall occur in May, new officers start in June.
- In-Person meetings should occur between statewide officers twice a year: once in the summer to get to know each other, and once in spring to choose new leadership. Other face-to-face meetings should occur more often within the SoCal and NorCal regions, as needed.
- Applicants are accepted based on ability to fulfill the requirements of their respective position.

Transitions

- Outgoing officers will act as mentors to new officers and will have a personal meeting or call during May or June. The outgoing officer will also be possible to reach for other questions as they arise throughout the year. New officers shall also be assigned a professional mentor from members of organizations supporting single payer.

Meetings

- Each officer should commit to one statewide conference call per month, and one regional (Northern or Southern) conference call per month. More regional calls/meetings may be added as needed to ensure the success of CaHPSA events and projects. If you cannot attend a statewide meeting, please give your “proxy” to another member, whom can vote for you. If there are sensitive votes, the vote may be done by survey monkey. A simple majority decides votes. After a statewide officer misses 2 conference calls, or gives 3 proxies, their respective president will call them to assess their commitment to the team. Each meeting should end with each officer committing to complete specific actions.

Organization

- Any officer may propose changes to the CaHPSA organizational documents, and changes will be made by a majority consensus.

Finances

- Assets are public knowledge for all members.

Commitments

- All officers must commit to the job description goals and should be held accountable by their peers, however these positions are voluntary, and if someone must step down, then they should try to find a replacement. Officers cannot step down within the last 2 months before Lobby Day.

Description

Who Are We?

CaHPSA is an alliance of health professional students and student organizations that advocate for Single-Payer Health Care. We want a health care system that is universal, continuous, comprehensive, affordable, sustainable, and high quality. Single Payer is the only system that can achieve these goals. As the future of our health care system, it is up to us to advocate and implement full healthcare reform.

What Do We Do?

We work to educate health professional students about the Single-Payer Health Care through school presentations. We also put on three events every year, a Northern California Conference, a Southern California Conference, and a Lobby Day. Lastly, we start and build CaHPSA chapters at health professional schools across California.

What is Single Payer?

Single-Payer Health Care is a system in which a single public agency organizes health financing, but delivery of care remains largely private.

Under a single-payer system, all Americans would be covered for all medically necessary services, including: doctor, hospital, preventive, long-term care, mental health, reproductive health care, dental, vision, prescription drug and medical supply costs.

Every other developed nation has some sort of single-payer system. They also pay half as much as we do and get more services.

Why Single Payer?

- Everyone is covered, no matter what
- Portability: your insurance is attached to you, not your job, school, spouse, or parents
- Comprehensive coverage
- Preventative care is emphasized
- Choose any doctor or facility
- Remove the for-profit insurance middleman
- Reduce administrative waste
- Cut health costs in half!
- Gain fair, timely reimbursements as a provider
- Freedom to choose any provider or facility
- Health care is a human right!

CaHPSA History

The idea and first versions of CaHPSA, active under several different names, started around 2005 as a loose association of campus level leaders who had a passion for health reform and primarily organized around Lobby Day each year. Parker Duncan, the first Medical Student Fellow, was extremely involved in the development of the student leaders over these years.

In 2009, involved campus level student leaders, along with the statewide Lobby Day Team, had their first student leadership meeting to brainstorm on how best to build and structure the organization for the future. There was a general consensus that additional organization at the state level could be a useful tool for CaHPSA. The Mission statement was developed from a rougher draft of the previous year. The core functions of the organization were agreed upon to be "Educate – Advocate – Grow," and statewide positions were developed from these core functions. JB Fenix, the second Medical Student Fellow, was integral in this professional transition.

In January 2010, the first official CaHPSA Statewide team was selected based off of the previously defined positions with a general understanding that things would need to be constantly modified and improved as folks learned over the years.

In August of 2010, CaHPSA became the official autonomous student program of Physicians for a National Health Program California. While CaHPSA remains independent and student run, in order to develop student leadership potential, it receives support from PNHP California. During this time, the Fellowship was renamed to the Shearer Student Fellow in honor PNHP California Past President, Dr. John Shearer. Molly Tavella became the third fellow to help coordinate CaHPSA. The CaHPSA event team and leadership team worked closer than ever before to accomplish all of CaHPSA's goals.

In April of 2011, the CaHPSA team held another meeting to further develop its Mission Statement, activities, and goals, and to create a Vision Statement. CaHPSA developed more structured bylaws and a more solidified timeline of organizational events, as well as new officer positions to further the goals of "Educate – Advocate – Grow." All of these were combined into one organizational document: The CaHPSA Constitution.

CaHPSA Statewide Leadership Positions

The Northern and Southern Officers will work closely together for each position. As officers, you are responsible for recruiting and assembling a team to help you carry out your responsibilities. This is especially crucial for Lobby Day.

1. NorCal and SoCal Presidents:

Main Goal: Guide, support and lead CaHPSA and the statewide officers in each of their responsibilities.

Possible duties may include:

- Schedule regular monthly conference call in coordination with state-wide and campus officers to address statewide goals, needs, and activities.
- Take meeting notes and post as soon as possible via Google Doc.
- Maintain statewide communication services (list-serve, Google group, Facebook, Twitter, Email, EventBrite, etc.)
- Supports officers when needed; help troubleshoot chapter problems; help keep officers active.
- Be communication bridge to campus chapters and to statewide team (e.g. conference calls etc.). This includes taking the lead on press releases with support from the Legislation and Media Officer.
- Foster communication with statewide partners (e.g. State Strategy Group, California Physicians' Alliance, Legislative Author and Chief Health Policy Staffer etc).
- Hold yearly elections for state-wide officers in mid-late January. When officers have become inactive help recruit a temporary replacement for the position until next scheduled election.

2. NorCal and SoCal Education and Training Officers:

Main Goal: Help educate the CaHPSA officers about single payer. Help the Shearer Fellow with educational trainings. Help choose educational materials for meetings and events that will further the knowledge base of CaHPSA.

Possible duties may include:

- Aggregate and update educational materials and resources (Ppts, handouts, talking points, etc) in easy to find and access location (e.g. website, Google Group, or Google Doc).
- Keep an up-to-date list of available campus and statewide speakers and help connect them to local and statewide speaking opportunities.
- Take the lead in organizing regional and on-campus student speaker training.
- Strongly support and encourage local campus education and training initiatives by having a monthly conference call with campus reps to organize a monthly education and training event. For example, Fall speaker series, post Lobby Day follow-up activities, local education/training events, speakers' panels, debates, premed conference tabling, activities fair tabling etc.

3. NorCal and SoCal Legislation Officers:

Main Goal: Keep the CaHPSA team up-to-date with the latest SB 810 news. Be a source for general legislative information.

Possible duties may include:

- Schedule the Lobby Day visits for as many of the 120 state assemblymembers and senators as we have constituents for.
- Support Education and Training Officer in keeping up-to-date resources for legislative and media/press teams
- Help Statewide team track legislative calendar, committee hearing dates, key votes, key legislative targets etc.
- Communicate and coordinate with other statewide legislative partners such as authoring legislators, chief health staffers, etc
- Keep an up-to-date list of available campus and statewide legislative visit teams and help connect them to local and statewide legislative visit opportunities.
- Take the lead in organizing regional and on-campus student legislative visit training.
- Strongly support and encourage local campus legislation initiatives by having a monthly conference call with campus reps to organize a monthly legislation event. For example, local legislative training, local legislative visit, and gathering of local organizational single payer endorsements.

4. NorCal and SoCal Media Officers:

Main Goal: Raise awareness of CaHPSA in the media. Develop contacts with press and media that are friendly to single payer. Raise awareness for CaHPSA events.

Possible duties may include:

- Help coordinate media releases for press, radio, TV, YouTube, etc. with NorCal and SoCal Presidents. Your biggest media event will be Lobby Day – You will write the press release and compile the materials for the press packets. You and your media team will be available for press interviews on Lobby Day.
- Support Education and Training Officer in keeping up-to-date resources for legislative and media/press teams
- Strongly support and encourage local campus legislation and media initiatives by having a monthly conference call with campus reps to organize a monthly legislation or media event. For example, local legislative training, local legislative visit, gathering of local organizational single payer endorsements, letter's to the editor, op-eds, public or campus press/radio interviews.

5. NorCal and SoCal Recruitment and Outreach Officers:

Main Goal: Grow the membership of CaHPSA and get more people involved in our events, conferences, chapters, legislative actions, trainings, and listservs.

Possible duties may include:

- As of May 2011, CaHPSA has 3,000 members, increase this number!
- Actively seek out other health professional and pre-health statewide organizations; help them get connected to local campus chapters and statewide/regional events (RN, NP, MD, OT, PT, Pharm, MPH, MPP, Law, AMSA, Greek, etc.)
- Help the Statewide team keep track of membership lists, member contact information, and campus chapter leaders
- Take the lead in organizing CaHPSA Campus Chapter and updating the Campus Chapter Start-up packet
- Strongly support and encourage local campus recruitment and outreach initiatives by having a monthly conference call with campus reps to organize a monthly recruitment

and outreach event. For example, Fall Student Event Fair tabling, outreach to undergraduates, nurses, public health and other health professionals, fun recruitment get togethers etc.

- Help coordinate/troubleshoot campus elections and leadership transition every January when it is lagging.

6. NorCal and SoCal Fundraising and Records Officer:

Main Goal: Raise money to support CaHPSA events, chapters, education, outreach and growth.

Possible duties may include:

- Actively seek out and reach out to potential donors.
- Take the lead in organizing grant submissions and any fundraising drives.
- Support Presidents in keeping up-to-date meeting notes, conference call notes, and 'To-Do' list. Whenever possible help them get these posted same day and via Google Doc or a similar tool.
- Keep up-to-date records of statewide finances, in coordination with CaPA Fellow, available for review by members upon request.

8. Community Outreach/External Relations Officers:

Main Goal: Help increase awareness about who CaHPSA is and what we do with other organizations and key professionals.

Possible duties may include:

- Representing CaHPSA along with the Shearer Fellow on the State Strategy Group/Campaign Committee
- Helping find organizational sponsorship for CaHPSA events, especially lobby day.
- Reaching out to other organizations for resources or possible joint projects.
- Educating other organizations about CaHPSA and what we do.

9. NorCal and SoCal Chapter Development Officers:

Main Goal: To support the existence, development and creation of CaHPSA chapters across California university campuses.

Possible duties may include:

- Keep chapter leaders up-to-date with what the statewide team is doing.
- Help current chapter leaders grow their membership and assist them with ideas to draw new members.
- Understanding protocols for starting a chapter for health professional, CSU, UC campuses across California.
- Assist with the process of starting new CaHPSA chapters.
- Help with finding a chapter advisor friendly to single payer.

10. NorCal and SoCal Community College Chapter Development Officers:

Main Goal: To increase CaHPSA membership on community college campuses and support the creation of CaHPSA chapters across California college campuses.

Possible duties may include:

- Help increase CaHPSA membership on CC campuses by helping set up events/speakers at campuses.

- Understanding protocols for starting a chapter key community college campuses.
- Assist with the process of starting new CaHPSA chapters.
- Help with finding a chapter advisor friendly to single payer.

11. NorCal and SoCal Lobby Day Co-Leaders:

Main Goal: Have a successful Lobby Day!

Lobby Day is THE signature event of CaHPSA and the largest student event to support single payer in the state. The key to this position is: delegate, delegate, delegate! You will find very little time to concentrate on one task and it is important to communicate with people who do have the time. Your main responsibility will be identifying what tasks need to be completed in the six-month period that it takes to plan Lobby Day and assigning people to handle these individual tasks. Important tasks you will need to delegate include:

- Recruitment
- Fundraising
- Planning Training Day
- Negotiating bus, hotel, and food contracts
- Making legislative appointments
- Contacting the media
- Planning the march and rally for Training Day

An effective way of accomplishing this goal is to have monthly conference calls where you set the agenda and act as moderator of the ensuing discussion. You highlight the important tasks that need to be accomplished over the coming months and ask people to volunteer for these responsibilities. You will also want to create a list of "action items" (i.e. tasks that need to be done in the short term) that come up during the conference call and delegate these items as well.

Finally, the one task you will be responsible for as Lobby Day co-chair is assigning people to buses/carpools, hotel rooms, and legislative teams. This task consists of taking registrant information gathered through Eventbrite and putting together lists of these assignments approximately 1-2 weeks before Lobby Day. Ideally, you will be one of three Lobby Day co-chairs and each co-chair should put together one of these lists. The Lobby Day leadership team has put together a more extensive description of your responsibilities as Lobby Day co-chair and this will be made available after the co-chair selection process.

12. NorCal and SoCal Regional Conference Coordinators:

Main Goal: Have a successful educational conference!

During the Fall CaHPSA organizes two regional all day education conferences to introduce students to healthcare reform and the basics of single payer. The Conference Coordinators generally:

- Take the lead on organizing the Fall Regional Conference (Sept or Oct) and coordinate with the CaHPSA Statewide team and the CaPA Fellow.
- Put a team together from the local campuses to help you get everything done.
- Aim to start monthly conference calls with one point person from each school in your area (including medical schools, DO, pre-med, OT, etc) at least 4 months before the event. In the last month you may need 2-3 conference calls.

- Get an exciting Keynote Speaker that will be well known and can pull in a crowd. The exact event date might depend on the keynote's availability.
- Put together an agenda with up to 4 additional speakers.
- Get the initial EventBrite registration up and running with the CaHPSA WebTech Officer and the CaPA Fellow as soon as possible (we already have templates!).
- Plan early once you have the date--you need to reserve the appropriate room, contact your school regarding parking, and begin to seek donations from local organizations (food, raffle prizes, etc).
- Work with your team to create the folder of material for the day (with information about single-payer, bios for your speakers, agenda, and LD info). Plan ahead of time who is able to print the materials and stuff envelopes.

13. Campus Contacts

Main Goal: Relay information to the local campus community and listservs. Help schedule the Shearer Fellow to speak on your campus.

The CaHPSA Campus Contacts are crucial to CaHPSA communication and have a very light workload!

- Participate in regular monthly conference calls.
- Communicate to campus list-servs and take the lead in distributing info and updates via email.
- Forward Lobby Day /Regional Conference recruiting emails and give in person announcements on campus.
- Get people excited about Lobby Day /Regional Conferences and help with other CaHPSA team items that interest you.
- Optional: Help get speakers to your campus the first month of school in the Fall (Aug. or Sept.) and again in November. The CaHPSA Statewide team and CaPA Fellow can assist you!

14. Webmaster: Shearer Student Fellow

CaHPSA Activities

Educate.

- Aggregate and update educational materials and resources (Ppts, handouts, talking points, etc) in easy to find and access location (e.g. website, Google Group, or Google Doc).
- Take the lead on organizing local campus education and training initiatives such as a Fall speakers series, speakers' panels, debates, speakers training, premed conference tabling, activities fair tabling, etc.
- Actively seek out other health professional and pre-health organizations (RN, NP, MD, OT, PT, Pharm, MPH, MPP, Law, AMSA, Greek, etc.); help them get educated by getting them education materials and setting up speakers for their group.
- Coordinate local training sessions to get members comfortable as speakers, and educating others. Help them set up talks with local campus and community groups.
- Coordinate with Statewide team for joint events such as regional conferences, and training.

Advocate.

- Support Education and Training Coordinator in keeping up-to-date resources for legislative and media/press teams.
- Take the lead in scheduling and coordinating at least bi-annual visits of local members to local federal and state district offices (DOs). Work with Statewide team to prep your local team.
- Strongly support and encourage local campus legislation and media initiatives by organizing a monthly legislation or media event. For example, local legislative training, local legislative visit, gathering of local organizational single payer endorsements, letter's to the editor, op-eds, public or campus press/radio interviews.
- Coordinate with Statewide team for joint events such as Lobby Day.

Grow.

- Organize fun social events! And actively recruit!
- Collaborate with Education and Training Coordinator to recruit at all educational events. Recruit students to become members, and to participate in events.
- Coordinate tabling at Student Group Fairs, and at health related events. Help prepare recruitment material.
- Actively seek out other health professional and pre-health students; recruit them! (RN, NP, MD, OT, PT, Pharm, MPH, MPP, Law, AMSA, Greek, etc.)
- Maintain up-to-date membership contact info and submit to Statewide list-serve.
- Coordinate with Statewide team to recruit locally for joint events.
- Coordinate fundraising events to meet chapter goals (Make these fun!).
- Take the lead in organizing grant submissions and any fundraising drives.
- Actively seek out and reach out to potential donors.
- Support Presidents in keeping up-to-date meeting notes, conference call notes, and 'To-Do' list. Whenever possible help them get these posted same day and via Google Doc or a similar tool.
- Keep up-to-date records of chapter finances available for review by members upon request.

Major Statewide and National Partners

National

- Physicians for a National Health Program (PNHP)
- Healthcare Now!
- Labor Groups – AFL-CIO
- American Medical Student Association (AMSA)

State

- California OneCare
- State Strategy Group
- Senator Mark Leno and Chief Health Staffer Sara Rogers
- Physicians for a National Health Program California
- California Nurses Association (CNA)
- California School Employee's Association (CSEA)
- Labor Task Force for Universal Healthcare
- League of Women Voters (LWV)
- California Alliance for Retired Americans (CARA)
- AMSA Region 10
- Progressive Democrats of America (PDA)
- Single Payer NOW

Useful Contact Info

Coalition Partners:

- **PNHP:** General, info@pnhp.org; PNHP Chapter Development, Ali Thebert, Ali@pnhp.org; PNHP Press and Media Resources, Mark Almberg, Mark@pnhp.org
- **PNHP Ca:** Office, info@pnhpcalifornia.org;
- Shearer Student Fellow, capa.fellow@gmail.com
- **California OneCare:** Director, Andrew McGuire, am2@mindspring.com
- **AMSA, Regional Directors:** brd.10.1@amsa.org, brd.10.2@amsa.org
- **State Strategy Group/Campaign Committee Coordinator:** Cindy Young cyoung@calnurses.org

Local Campus Chapters (In addition to our *many* AMSA Campus Chapter Partners)

ACTIVE

CSU Long Beach: CaHPSA

USC: California Student Physicians for Healthcare Reform (CSPHR), csphr.com

UC Berkeley: CaHPSA

Western: CaHPSA

INACTIVE

UCLA: Advocates for Single Payer Reform (ASPR) (Inactive)

Samuel Merritt: CaHPSA Campus Chapter (Inactive)